COMMUNITY SERVICES & AMENITIES

While every effort is made to provide correct information, it may vary in between updates. Please notify Felicity Stroud at f.stroud@btinternet if you find anything incorrect or any additional information

ACTIVITIES & SERVICES PROVIDED BY VOLUNTEERS	PULBOROUGH & DISTRICT COMMUNITY CARE ASSOCIATION offering various types of services and activities for people who live in Pulborough and the surrounding district. Contact: John Dixon 01798872667, eden.consulting@btinternet.com Website: Pulborough & District Community Care Association — Building bridges in our community since 1966 (pdcca.org.uk) Community Transport, Wednesday Lunch Club, Community Minibus, Befriending & Visiting Service, Volunteering
ADVICE	CITIZEN ADVICE HORSHAM OUTREACH at Pulborough Medical Centre, Offering general free, confidential, independent advice on a range of areas including welfare benefits, employment & housing issues, cost-of-living advice which includes emergency support for those in need, support for those who are not up to date with computers or unable to travel into town centres. Alternate Tuesdays 10:00 – 14:00 To make an appointment call 01903 252699 Advice Line 0344 477 1171, Free email & webchat www.advicewestsussex.org.uk Horsham Outreach: Drop Ins - Citizens Advice in West Sussex (advicewestsussex.org.uk)
ALARMS	COMMUNITY LINK ALARM – HORSHAM DISTRICT COUNCIL Reason for use – Forgetting to take medication, Falling, Getting lost and confused – there is always someone there to make sure you are helped. See also SAFETY Contact: 01403 215230, community.link@horsham.gov.uk manned Mon-Fri 0900-1700 www.horsham.gov.uk – use the search box to find Community Link Alarm
BANKING (MOBILE)	NATWEST in the Village Car Park, Brooks Way, PULBOROUGH, RH20 2BH Tuesdays 11:45 – 12:45 LLOYDS BANK at Billingshurst Community Centre, Roman Way, Billingshurst, RH14 9QW Wednesday: 10:15 – 12:00 fortnightly LLOYDS BANK at Storrington, Millstream Car Park (Library) Fridays: 10:15 – 12:45 fortnightly
BANKING (Branches)	BARCLAYS 2 Carfax, HORSHAM, RH12 1DN Mons, Tues, Thurs, Fris 09:30 - 15:00; Sats (self service counter only) 09:30 - 13:00 HSBC 21 High Street, Storrington, RH20 4DR Mons - Fris 09:30 - 15:30 LLOYDS 1 West Street, HORSHAM, RH12 1PA Mons - Fris 09:00 - 15:30, Sats 09:00 - 13:00 NATIONWIDE 37 Carfax, HORSHAM, RH12 1EQ Tues, Thurs, Fris 09:00 - 16:30, Fris 10:00 - 16:30, Sats 09:00 - 13:00 NATWEST 47 Carfax, Horsham, RH12 1FD Tues, Thurs, Fris 09:30 - 16:30, Weds 10:00 - 16:30; Sats (self service counter only) 09:30 - 13:00 SANTANDER 1 South Street, Horsham, RH12 1EL Weekdays 09:30 - 15:00, Sats 09:30 - 12:30
BIN DAYS	SEE REFUSE COLLECTION & RECYCLING
CARE HOMES	HILLSIDE LODGE, Spiro Close, Pulborough, RH20 1FG Contact: 01798 877700 www.shaw.co.uk/index.php/services/1-nursing/81-hillside-lodge THE ANCHORAGE, Coombelands Lane, Pulborough, RH20 1AG Contact: 01798 872779, mail@rhymecare.co.uk. https://carehomesussex.co.uk/
CHEMIST	See MEDICAL
CHILDREN	See TODDLERS and SCHOOLS

CHIROPODY & PODIATRY	Mons 07:30 - 18:30, Tuc Contact: 07928 48019 PULBOROUGH PODI Mons - Fris 08:00 - 17	ATRY (Dawn Jones) 29 Glebelands, Pulborough, RI	09:00 - 15:00 tforwards.co.uk/
CHURCHES	See PLACES OF WO	RSHIP	
DEFIBRILLATORS	WHERE THEY ARE IN ONLY AVAILABLE WHEN Broomers Hill Park		RH20 2RY
	Broomers Hill Park	Unit 14, Service, Broomers Hill	RH20 2RY
	Broomers Hill Park	Spellman High voltage, Broomers Hill	RH20 2RY
	Ken Hall Dentist	Only when open	RH20 1AQ
	Masonic Hall	Only when open	RH20 1ZS
	St Mary's School	Inside the office so only available when staff present	RH20 2AN
	Tesco's	It is inside the shop, as you enter the store from the porch. It is slightly right by self service pay machines not visible from do	RH20 1AS or
	Brinsbury College	AVAILABLE 24/7 On the side of the building next to the road	RH20 1DL
	Cordens Chemist	On the right-hand side of the door	RH20 2AJ
	Railway Station	Platform 2 (Southbound) by the Amazon Locker at the side entrance of the station	RH20 1AH
	RSPB	Outside the main building close to front door	RH20 2EL
	Sainsburys	Outside near the Cash Machine	RH20 1BQ
	Sports & Social Club	On the outside wall at the front by the patio	RH20 2AJ
	St Mary's Church	Outside the North door on the West wall	RH20 1AF
	Telephone Kiosk	Outside the Lower Street Sorting Office	RH20 2AY
	United Reformed Church	Near to the porch entrance on Southern side	RH20 2DW
	Village Hall	On the right-hand side of the main door	RH20 2BF
DENTISTS	01798 874487 PULBOROUGH DENT 01798 875185 VITALITY DENTIST W	PRACTICE 41 Station Approach, Pulborough RH20 1 FAL CARE 81A Lower Street, Pulborough, RH20 2BF www.pulborough VEST SUSSEX 32 Lower Street, Pulborough, RH20 2	dentalcare.co.uk
	01798 872004	<u>www.vita</u>	llity-dental.co.uk
DOCTORS	See MEDICAL		
DOG NUISANCE	DOG FOULING		
DOG NOISANCE		gov.uk/waste-recycling-and-bins/litter-and-street-clean	ina/doa-foulina
	DOG ROAMING FREE publichealth.licensing@DOG ATTACKS	E	
	https://www.sussex.po	lice.uk/ro/report/ocr/af/how-to-report-a-crime/	
EMERGENCY LOCATION FINDER	any location, anywher	I onto your smart phone. It is a geocode system desire in the world, to within 3 metres. The system encore permanently fixed random words. You can give	des geographic
EYE TEST	mobile opticians can o	me due to disability, physical or mental illness, a tecome to you for a free NHS-funded eye test (subject Call 0800 652 3730 or search online for Specsavers Esavers UK	to you meeting
MACULAR SOCIETY Storrington Group		at Chanctonbury Leisure Centre, Spierbridge Road, Storring each month from 13:30 – 15:00	gton RH20 4PG

FOOD	FOOD BANK DONATIONS – FAMILY SUPPORT WORK Drop off point is at St Mary's Church weekdays 14:00 - 16:00 Or telephone Alyson Heath on 01798 873795 REQUIRE: Rice, Tea, Jam, Table Sauces, Soup, Toileteries, Biscuits & Crackers, Tinned Vegetables, Tinned Pulses, Tinned Fruit, Baked Beans, Pasta Sauce, Tinned Pasta (e.g. Ravioli) NOT: Dried Pasta, Coffee, Tinned Tomatoes HORSHAM MATTERS MOBILE FOOD BANK/COMMUNITY SUPPORT at The Sports & Social Club Car Park Thursdays 10:00 – 11:30 To access help from the hub call 0300 124 0204 Also appealing for financial support with ongoing running cost www.justgiving.com/campaign/hubonthemove MEALS ON WHEELS Contact: 0800 090 3258 365 days a year delivered to your door – food and much more https://www.apetito.co.uk/meals-on-wheels/
	PULBOROUGH PANTRY at Parish Room behind Pulborough Sports & Social Club, RH20 2AJ Open from the 9 th January between 09:00 – 12:00 and then every Tuesday For everyone – a Community Fridge to help reduce food waste. This is also a valuable source of food for those who are having difficulties. If you would like to donate, please go to https://gofund.me/ccdb7f36 Contact: pulboroughpantry@gmail.com
FUNERAL DIRECTORS	W. BRYDER & SONS 95 Lower Street, Pulborough, RH20 2BP https://wbryderandsons.co.uk/ Contact: 01798 872000 (24 hrs), info@wbryderandsons.co.uk
HEALTH	See MEDICAL and WELLBEING
HEALTH SCREENING	THE MARY HOW TRUST FOR CANCER PREVENTION (Health Screening Charity) The Colonnades, 17 London Road, Pulborough, RH20 1AS Each screening costs £305. It is understood that not everyone can pay this, but you are asked for as much as you can afford towards the cost Contact: 01798 877640, contact@maryhowtrust.org www.maryhowtrust.org
HEALTH SUPPORT	
Carers	CARERS SUPPORT WEST SUSSEX Contact: 0300 028 8888, info@carerssupport.org.uk www.carerssupport.org.uk
Falls Prevention	STRONG & STEADY COURSE (Falls Prevention) Beginners - £12 for 24 week course at Pulborough Village Hall. Information from Horsham District Wellbeing 01403 215111
Parkinsons Disease	PARKINSON'S SUPPORT GROUP in Washington Village Hall, School Lane, RH29 4AP 1st Saturday of month. Tea/Coffee, exercise and more. £2.00. Contact: Gillian Chard on 01903 746871 / 07734 101050
Wellbeing	HORSHAM DISTRICT WELLBEING – Free Wellbeing MOT The Octagon, Chart Way, Horsham RH12 1RA 1st Wed in the month 11:00 – 14:00 Contact: 01403 215111, info@horshamdistrictwellbeing.org.uk Corden Pharmacy, Spiro Close, Pulborough, RH20 1FG - by appointment Contact: 01798 872480, info@horshamdistrictwellbeing.org.uk www.horshamdistrictwellbeing.org.uk
Worried about your Financial or Housing Situation	THE LOCAL SOCIAL PRESCRIBING TEAM The team tackle everything from loneliness and isolation, to money issues, addictions or abuse. Need practical or emotional support or wanting to make some lifestyle changes, why not consider speaking to a member of the friendly Chichester Social Prescribing Team. You can be referred by the GP, but you can also refer yourself using their on-line self-referral form Chichester Social Prescribing . If you require any support in completing the on-line form, please telephone the Wellbeing Team on 01243 521041
HELP Age UK	AGE UK (Horsham District) Lavinia House, Dukes Square, Horsham RH12 1GZ Mons - Fris 08:30 - 15:30 www.ageuk.org.uk/horshamdistrict Contact: 01403 260560, info@ageukhorshamdistrict.org.uk
Assisted Support	COMMUNITY LINK - HDC Community Link is a support service from Horsham District Council that enables residents to live independently, by providing affordable access to a range of assistive technology (Technology Enabled Care) Contact: 01403 215230, community.link@horsham.gov.uk https://www.horsham.gov.uk/community/community-link

Citizens Advice CITIZENS ADVICE See ADVICE **Debt & Benefit Advice** LIAISE @ FRONTLINE (Free Debt & Benefit advice service) No appointment necessary, home appointments in Pulborough by arrangement only 10:00 - 12:00, The Village Hub, The Square, Storrington RH20 4DJ Contact: 07931 300705, liaise@frontlinedebtadvice.org.uk www.frontlinedebtadvice.org.uk MEMORY CAFÉ. Storrington Leisure Centre **Dementia** Entertainment, free refreshments and activities. 1st Wednesday each month 12:30 - 14:30 Contact: 01903 681220 MEMORY MOMENTS CAFE, Ravenscroft Hall, Browns Ln, Storrington, Pulborough RH20 4LG Informal café including tea, coffee & cake, a little fun & laughter with games, talks, music, dance etc. Everyone welcome, especially forces veterans and those with memory problems and their family supporters. 2nd Thursday of each month Contact: 01273 494300, info@knowdementia.co.uk www.knowdementia.co.uk STORRINGTON DEMENTIA CLUB (Age UK) Trinity Centre, Thakeham Road, Storrington RH20 3NG Tuesdays & Fridays 10:00 - 15:00 Contact: 01403 260560 www.ageukhorshamdistrict.org.uk TEA SPOT CARING CAFÉ in The United Reformed Church Carers, those they care for and anyone needing company – dementia friendly First Thursday of each month 10:00 - 12:00 Contact: 01798 873174 keithandrosemaryrussell@gmail.com **FAMILY SUPPORT WORK Family Support** A charity that helps Sussex families to overcome major difficulties in their lives. FSW offers emotional support & practical advice and short family breaks. It welcomes enquiries from families as well as from anyone wishing to volunteer or to donate food, toys, clothing or money Contact: 01273 832963, admin@familysupportwork.org.uk www.familvsupportwork.org Local Contact: Alyson Heath 01798 873795 Home from Hospital Scheme: 01903 717130, supportathomeafterhospital@ageukwsbh.org.uk **Home from Hospital** Information & Advice, Help at Home, Crisis Care, Telephone befriending, Wellbeing support, Free service Dementia support, Social clubs & activities, Support at home after hospital, Doorstep & meal deliveries, Tech advice & online support, Emergency welfare & safety support Home Help, Companionship, HANDS THAT HELP - Non-medical Home Care based in Thakeham **Gardening, Property** Home Help, Companionship Service, Gardening, Property Maintenance Contact: 01798 812011, suecpr@aol.com https://www.handsthathelp.co.uk/ WEST SUSSEX MEDIATION SERVICE, Park House, North Street, Horsham, RH12 1RN Mediation A range of mediation services for individuals, families, groups or organisations that are experiencing conflicts in their lives. Specialising in neighbour disputes and conflicts within families (Free services). Also offer workplace mediation and family mediation (divorce/separation) for reasonable fees. Mons - Fris 09:00 - 17:00 Contact: 0300 200 0025, info@wsms.org.uk www.wsms.org.uk **CALL STONEPILLOW** in the Chichester area Rough sleepers Contact: 01243 537934 www.stonepillow.org.uk **Social Services SOCIAL SERVICES** West Sussex Adult Services (Carepoint) Contact: 01243 642121, socialcare@westsussex.go.uk Children's Services Contact: 01403 229900, wschildrenservices@westsussex.gov.uk **HOUSING** PULBOROUGH COMMUNITY LAND TRUST The role of this new organisation is to build affordable housing for local people. It is in the early stages and hope to be fully registered soon. They are looking for anyone that can offer any expertise in this type of project. www.pulboroughclt.org Contact: pulboroughclt@gmail.com **Housing Associations CLARION HOUSING ASSOCIATION** Rockwood House, 7 Perrymount Road, Haywards Heath, RH16 3TN Contact: 0300 500 8000 www.myclarionhousing.com SAXON WEALD HOUSING ASSOCIATION, 38-42 Worthing Road, Horsham, RH12 1DT Contact: 01403 226000, info@saxonweald.com www.saxonweald.com/ **Housing Benefits HOUSING BENEFITS** www.horsham.gov.uk/council-tax-and-benefits **Housing (Retirement)** GREEN MEADOWS, off Rivermead, Pulborough, RH20 2GG Operated by Saxon Weald. Contact: 01403 226000, hello@saxonweald.com www.saxonweald.com/our-retirement-schemes/green-meadows/ RIVERSIDE COURT, Station Road, Pulborough, RH20 1RG Operated by First Port. Contact: 03333 214041 https://housingcare.org/housing-care/facility-info-15684-riverside-court-pulborough-england

LIBRARY	PULBOROUGH LIBRARY, Brooks Way, off Lower Street, Pulborough, RH20 2BQ
	Mons, Tues & Wed 13:00 – 17:00, Thurs, Fris & Sat 09:00 – 13:00 Closed Sun Contact: 01798 872891, pulborough.library@westsussex.gov.uk
	www.westsussex.gov.uk/libraries/library-details/pulborough-library/#
Library Books delivered to your home	If you cannot visit a library because of age, illness, disability, mobility problems, caring responsibilities or other reasons, one of our DBS-checked Home Library Direct volunteers can bring you books, audiobooks and other resources free of charge. You can also use our online services such as reserving books and accessing our eBooks, eAudiobooks and eMagazines. Contact you local library for an application form or fill in our online form. If you would like to volunteer for this service and deliver to someone who loves reading but cannot visit their local library, please see our volunteering page for more details.
LOCAL AFFAIRS Local Information & Community Partnership	PULBOROUGH COMMUNITY PARTNERSHIP A central point for Pulborough information. There are no offices and no paid staff – run by volunteers working from home working closely but separate from the Pulborough Parish Council which is a statutory body that has things it must do and things it cannot do. The PCP can do anything that fulfils the wishes of the community. It is fast becoming the place to go for all village information. https://pulborough.org/about-pcp/ The Partnership runs the Harvest Fair, Duck Race, Supercar visit, WildArt Trail and helps with various other projects around the village such as the Neighbourhood Plan, Community Land Trust and the development of the railway Signal Box. https://pulborough.org/ Contact: David Hurst, 01798 875758, davidhurstassocs@aol.com Details of all the PCP events can be viewed at https://pulborough.org/pcp-events-alt/
Pulborough Society	PULBOROUGH SOCIETY in the Village Hall, Swan View, RH20 2BF
r diborough Society	Exists for local residents and anyone who values the area and would like to contribute to protect its history and heritage. Guests are welcome with a £2 contribution to include refreshments. Many existing members have long-standing connections in the area and it can help you find your feet if you are a newcomer. Contact lan Ellis: 01798 874686, ian@ianellisassociates.com
MEDIONI	
MEDICAL Doctors	PULBOROUGH MEDICAL GROUP Pulborough Primary Care Centre, Spiro Close, Pulborough, RH20 1FG Open Mon & Fri 07:00 - 18:30, Tues, Weds & Thurs 08:00 - 18:30 Contact: 01798 872815 Lines closed between 13:00 – 14:00 Health Visitors: 01798 874752 Community Nursing Team: 01798 874753
Chemist	CORDENS/KAMSONS PHARMACY, Spiro Close, Pulborough, RH20 1FG Open Mon - Fri 08:00 – 18:30, Sats 09:00 - 13:00. Contact: 01798 872480
Medical Results	PATIENTS KNOW BEST – sign up for this to see your results Home - Patients Know Best
Non Emergency	NHS 111 Call 111 the NHS non-emergency number and speak to a highly trained adviser supported by healthcare professionals. They will ask you questions to assess your symptoms and direct you to the best medical care for you. Available 24 hours a day, 365 days a year
Microsuction Ear Wax	GATWICK AUDIOLOGY, Pulborough Medical Group, Spiro Close, Pulborough, RH20 1FG
Removal	To book an appointment Contact: 03330 117717, hello@gatwickaudiology.co.uk 1 ear £60, both ears £90 www.clearwax.co.uk
	HIDDEN HEARING, Portland Road, Worthing £60 for both ears. Contact: 01903 863954, info@hiddenhearing.co.uk https://www.hiddenhearing.co.uk/hearing-aids-centre/west-sussex/hidden-hearing-worthing
Red Cross including Equipment Loan	RED CROSS MEDICAL LOAN Call the Support Line if you are worried, lonely or need access to food or medication 0808 196 3651 – Open 10:00 – 18:00 every day General Enquiries: 03448 711111, contactus@redcross.org.uk www.redcross.org.uk/
NEIGHBOURHOOD WARDENS & PCOS	WARDENS: Louisa Hull 07584 337475, Ross Phillips 07584 337476, pulborough.wardens@horsham.gov.uk Can usually be seen at the Pulborough Market on the 4 th Sat each month – Not August. Reports published on the Parish Council website: Monthly Reports (pulboroughparishcouncil.gov.uk)
	Police Community Support Officer: Lisa Bowley – Pulborough & Coldwaltham If you need to contact our local neighbourhood policing team you can email them on Horsham@sussex.pnn.police.uk/
NEWSDADED	NEWS TEAM
NEWSPAPER DELIVERY	NEWS TEAM £2.80 per week. Contact: Tony Parker 07508 378227 https://www.newsteamgroup.co.uk/ PIPERS NEWSPAPERS
	Delivered to your door in time for breakfast. Contact 01323 840753, www.Pipersnews.co.uk

PARKING PULBOROUGH PUBLIC CAR PARK, Brooks Way, off Lower Street, RH20 2BQ Annual parking disc An Annual Parking Disc entitles you to park for the maximum stay in Horsham District market town and village car parks, excluding Horsham Town Centre and Southwater Country Park. Discs currently (2023-4) cost £18 (£11 per 2nd & 3rd disc in household) and are valid from 1 July - 30 June each year www.horsham.gov.uk/annualparkingdisc Contact: 01403 215100. Discs also valid in the following Car Parks: Billingshurst Library & Six Bells, Henfield Coopers Way & Library, Roffey Godwin Way, Steyning Fletchers Croft, High Street & Newmans Gardens, Storrington Library, Mill Lane & Monastery Lane PULBOROUGH STATION, Station Approach, RH20 1AH **Station Parking** www.apcoa.co.uk/parking-in/pulborough/pulborough-station/ Open 24/7 **PLACES OF WORSHIP** PARISH CHURCH OF ST MARY'S, Church Place, Pulborough, RH20 1AF Sundays 08:00 Eucharist, 10:30 Parish Eucharist Rev'd Canon Paul Seaman Contact: 01798 875773, pulbpccrector@btinternet.com Website: www.stmaryspulborough.org.uk PULBOROUGH BROOKS BAPTIST CHURCH in the Village Hall, Pulborough, RH20 2BF Sundays 10:30 Messy Church in the Village Hall every 2nd Saturday in the month 3-5pm Minister: Rev Judith Ellis minister@pbbaptist.co.uk Website: www.pbbaptist.co.uk PULBOROUGH UNITED REFORMED CHURCH, 80 Lower Street, Pulborough, RH20 2DW Sundays 10:30 Morning Worship, 18:00 Evening Worship on Zoom (Contact Minister for link) Minister: Rev. Anne Lewitt 01798 872535, minister@pulboroughurc.co.uk Secretary: Gerald Batt 01798 872388, secretary@pulboroughurc.co.uk Website: www.pulboroughurc.co.uk ST GABRIEL'S CATHOLIC CHURCH, 18 East Street, Billingshurst, RH14 9QH Sundays 09:00 Mass Parish Priest: Canon Tim Madeley KCHS Contact: 01403 782128, billingshurst@abdiocese.org.uk Website: www.stgabrielsbillingshurst.org.uk/ THE RELIGIOUS SOCIETY OF FRIENDS (QUAKERS) Blue Idol Meeting House, Old House Lane Coolham, West Chiltington, Horsham RH13 8QP Quaker Meeting for Worship every Sunday at 10:30. www.blueidol.org Contact: clerk@blueidol.org Tel: 01403 740039 TRINITY METHODIST CHURCH, Thakeham Road, Storrington, RH20 3NG Sundays 10:30 Morning Worship Minister Revd Dr Frank Okai-Sam Contact: trinitychurchstorrington@outlook.com **POLITICAL** MP Andrew Griffith MEMBER OF PARLIAMENT for Arundel & South Downs www.andrewgriffithMP.com Contact: 020 7219 4080 (House of Commons), andrew@griffithMP.com **West Sussex CC** COUNTY COUNCILLOR CIIr Charlotte Kenyon charlotte.kenyon@westsussex.gov.uk **Horsham District Council** HORSHAM DISTRICT COUNCIL, Chart Way, Horsham, RH12 1RL Mons - Fris 09:00 - 17:00 www.horsham.gov.uk/ Contact: 01403 215100 **HDC COUNCILLORS** Cllr Paul Clarke (Cons) Tel: 01798 875645, paul.clarke@horsham.gov.uk Cllr Len Ellis-Brown Tel: 0781 201 1412 Cllr Diana van der Klugt (Cons) Tel: 01798 875663 **Pulborough Parish** PULBOROUGH, COLDWALTHAM AND AMBERLEY Councillors Council Clerk to the Council: Harry Quenault, Deputy Clerk: Beverly Nobbs Contact: 01798 873532 reception@pulboroughparishcouncil.gov.uk Len Ellis-Brown (Chairman) Tel: 0781 201 1412, lellisbrown@pulboroughparishcouncil.gov.uk Penny Hands (Vice-Chair) phands@pulborughparishcouncil.gov.uk Jonathan Campbell Tel: 01798 368618 jcampbell@pulboroughparishcouncil.gov.uk Paul Clarke Tel: 01798 875645 pclarke@pulboroughparishcouncil.gov.uk **Ruth Court** Tel: 01798 874421 rcourt@pulboroughparishcouncil.gov.uk Jeannie Esdaile Tel: 01798 874209 jesdaile@pulboroughparishcouncil.gov.uk Ian Hare Tel: 07850 364601 ihare@pulboroughparishcouncil.gov.uk Elizabeth Hunt Tel: 01798 874147 ehunt@pulboroughparishcouncil.gov.uk Kevin Lee Tel: 07842 394658 klee@pulboroughparishcouncil.gov.uk Jill Marcuson Tel: 07966 586566 jmarcuson@pulboroughparishcouncil.gov.uk Sandra Martin Tel: 01798 874176 smartin@pulboroughparishcouncil.gov.uk Jane Mote imote@pulboroughparishcouncil.gov.uk Frank Riddle Tel: 01798 813484 friddle@pulboroughparishcouncil.gov.uk Lissette Trembling ltrembling@pulboroughparishcouncil.gov.uk

POST OFFICE & SORTING OFFICE

ELITE GARAGE POST OFFICE, 5 London Road, Pulborough, RH20 1AP

Mon, Tue, Thu & Frii 07:30 - 17:15, Wed 08:00 - 17:15, Sat & Sun 07:30 - 14:00

ROYAL MAIL DELIVERY OFFICE, 71 Lower St, Pulborough, RH20 2AY

Mon - Fri 08:00 - 10:00, Thurs 16:00 - 19:00 & Sat 08:00 - 12:00

Contact: 03457 740740

https://www.royalmail.com/services-near-you/delivery-office/pulborough-delivery-office-rh20-2ay

PRIORITY SERVICES REGISTER

THE PRIORITY SERVICES REGISTER

The Priority Services Register is a free support service to help people in vulnerable situations. Energy suppliers and network operators offer it. Each keeps their own register, although some share with each other. Being on a Priority Services Register will ensure that extra support will be received if the customer experiences an outage. Support is likely to include:

- A priority number that you can call 24 hours a day
- Text and voice message alerts, letting you know when they are aware of a large power cut in your area or should your water supply be interrupted
- Tailored support if needed such as home visits, hot meals, advice and keeping your friends and relatives updated
- Where possible they will send you text and voice messages when severe weather is expected, to help you prepare
- In certain scenarios they may also offer a free hotel overnight and transport to the hotel
- For complex power cuts, community welfare teams provide on-site support which includes hot drinks, hot meals, a Wi-Fi connection and charge points.

https://www.ofgem.gov.uk/information-consumers/energy-advice-households/getting-extra-help-priority-services-register

Electricity

UK Power Networks - most of the SE of England

https://www.ukpowernetworks.co.uk/power-cut/priority-services/about-the-priority-services-register

SSEN - parts of the West of Sussex https://www.ssen.co.uk/PriorityServices/

Water

Southern Water https://www.southernwater.co.uk/help-advice/join-our-priority-services-register South East Water https://www.southeastwater.co.uk/get-help/help-for-priority-customers

RECYCLING

CHECK WHICH DAY YOUR BIN IS COLLECTED

https://www.horsham.gov.uk/waste-recycling-and-bins/household-bin-collections/check-your-bin-collection-day

CIVIC AMENITY SERVICE - WASTE RECYCLING SITE (Tip)

Newbridge Road, Billingshurst, RH14 9HZ

Open: Mon, Tues, Wed, Sat & Sun. & on Bank Holidays if a normal opening day.

Closed: Thursdays, Friday, Christmas Day & Boxing Day

https://www.westsussex.gov.uk/land-waste-and-housing/waste-and-recycling/recycling-and-waste-prevention/recycling-centres/billingshurst-rc/

and www.westsussex.gov.uk/land-waste-and-housing/waste-and-recycling/recycling/ and-waste-prevention-in-west-sussex/a-to-z-of-recycling/

In Pulborough

DYKE FARM, West Chiltington Road, Pulborough, RH20 2EE

Bin located to the right of the shop where you can place **ONLY** the items listed below. This may be expanded again in the future

- 1. Ballpoint pens, felt tips, biros, correction fluid, markers & highlighters
- 2. Plastic milk bottle tops, washed and in plastic bags (2, 02, 4 or 04 displayed inside triangle)
- 3. Home cleaning products plastic bottle caps, trigger heads, pumps, cleaning wipe & dishwasher packaging
- 4. Marigold gloves & plastic packaging

If you have several items for any of the groups, please place them in a plastic bag before placing in bin

SAINSBURY & TESCO

Baby, pet food, detergent and cleaning pouches, Biscuit and chocolate wrappers, Bread bags, Cereal liners, Cheese, fish and meat wrapping, Crisp packets and Sweet bags, Delivery bags, Frozen food bags, Multi-pack wrapping, Plastic carrier bags, Plastic film lids, Salad, pasta, & rice bags, Toilet roll wrapping

Other local recycling facilities

SUSSEX GREEN LIVING, The White House Coolham Road, Coneyhurst, Billingshurst RH14 9DH

Mons - Fris 09:00 - 17:30

Contact: 07768 212833 www.sussexgreenliving.co.uk/sussex-green-living-recycling-guide-2/Single use plastics recycling locations www.sussexgreenliving.co.uk/recycling-zone/single-use/

THE CO-OP

Co-Op have started a new recycling initiative and take a huge amount of stuff as seen on www.coop.co.uk/environment/soft-plastics/packaging-list

DONATE UNWANTED FURNITURE TO THE RE-USE HUB

in the Horsham Park and Ride car park, Worthing Road, Horsham RH13 0AR

Open for donations Wednesday - Saturday, 10am-5pm.

Funded by the West Sussex Waste Partnership, a 9-month trial project to reduce waste & give good-condition furniture a new lease of life. A pop-up shop is running at Swan Walk Shopping Centre to sell the items to new owners for affordable prices. Money raised from selling the items will go back into running the Reuse project.

https://www.horsham.gov.uk/waste-recycling-and-bins/recycling/reuse?utm_medium=email&utm_source=govdelivery

Bulky Bags Textiles & Small Electrical Recycling	CHECK WHICH DAY YOUR BIN IS COLLECTED https://www.horsham.gov.uk/waste-recycling-and-bins/household-bin-collections/check-vour-bin-collection-day Sign up for garden waste collections General waste bin Recycling bin Garden waste bin Wheelie Bin Enquiries: 01403 733144 https://www.horsham.gov.uk/waste-recycling-and-bins/bulky-bag Textile & Small Electrical Recycling Collection - https://www.horsham.gov.uk/waste-recycling-and-bins/recycling/textiles-and-electricals-recycling-collection
REGISTRAR FOR BIRTHS MARRIAGES & DEATHS	Storrington Registration Office, Storrington Library, Ryecroft Lane, Storrington RH20 4PA Mons - Fris 08:00 - 18:00 Contact: 01243 642122
ROAD POTHOLES	REPORT POTHOLES at WWW.TINYURL.COM/WSCCREPORTPOTHOLES
SAFETY	COMMUNITY LINK PERSONAL ALARM SYSTEM (Security & Peace of Mind) Give yourself peace of mind with Community Link, a personal alarm system that can be provided for anyone in their own home or when out and about on a rental basis. Community Link provides a rappresponse solution to any problem day or night. Available to anyone of any age. Covers help for dementia, fall detection, epilepsy and long term pain. Cost of the most popular equipment is £20 + Vat a month for 24 hour, 365 days a year response https://www.horsham.gov.uk/community-link/lifeline-ur/ Contact: 01403 215230, community-link/lifeline-ur/
	SAFE SPACE SUSSEX MOBILE APP Have you ever been in a situation where you felt threatened, or worried the situation could g dangerous very soon? Do you know about the SafeSpaceSussex mobile App? Use this App to fit the nearest place that is open, well lit and has others around for you to seek help. If you cannot get a safe place, this App has the function to turn on your camera and microphone to record you and yo surroundings. For more information or to sign up, please follow this link to register online https://safespacesussex.org.uk/do-the-right-thing-info/safe-space-sussex-app/
SCHOOLS	
(Primary)	ST MARY'S C of E (Aided) PRIMARY SCHOOL Link Lane, Pulborough, RH20 2AN Telephone: 01798 872007 Email: office@st-marys-pulborough.w-sussex.sch.uk Website: www.st-marys-pulborough.w-sussex.sch.uk/website Head Teacher: Mrs Samantha Copus Co Chair of Governors: Mr David Shepherd & Andrew Clark Taking pupils aged from 4+ to 11 years. As an aided school close links are retained with the Parish Church. Paronts welcome to visit by appointment.
(Secondary)	Parish Church. Parents welcome to visit by appointment MIDHURST ROTHER COLLEGE North Street, Midhurst, GU29 9DT Telephone: 01730 812451 Email: sarah.banbury@mrc-academy.org Website: www.mrc-academy.org Head Teacher: Mr Stuart Edwards Chair of Governors: Mr David Lawes
	STEYNING GRAMMAR SCHOOL Church Street, Steyning, W. Sussex BN44 3LB Telephone: 01903 814555 Email: csoffice@sgs.uk.net Website: www.sgs.uk.net Head Teacher Mr Adam Whitehead Chair of Governors: Mr Rod Scott THE COLLEGE OF RICHARD COLLYER Hurst Road, Horsham, West Sussex RH12 2EJ
	Telephone: 01403 210822 Email: admin@collyers.ac.uk Website: www.collyers.ac.uk Principal: Mr Dan Lodge Chair of Governors: Mr David Skipp
	THE WEALD A West Sussex community School at Station Road, Billingshurst, RH14 9RY Telephone: 01403 787200 Email: office@theweald.org.uk Website: www.theweald.org.uk Head Teacher: Mrs Sarah Edwards Chair of Governors: Mrs Nicola Waters
TERTIARY EDUCATION	BRINSBURY COLLEGE Brinsubry Campus, North Heath, Pulborough RH201DL Telephone: 01243 786321 Email: webmaster@chichester.ac.uk Website https://www.brinsbury.ac.uk/

SOCIAL & CARE

PULBOROUGH & DISTRICT COMMUNITY CARE ASSOCIATION

Run or oversee services and activities, generally for older people living in Pulborough & surrounding villages. Enquiries & volunteers welcomed www.pdcca.org.uk

Chairman: Mr John Dixon, 01798 872667, eden.consulting@brinternet.com

Secretary: Louise Kaiser, 01798 831829. pdcca@pdcca.org.uk

At PULBOROUGH LIBRARY, Brooks Way, off Lower Street, Pulborough, RH20 2BQ

Knit & Natter Adults $14:00-1\dot{6}:00$ 3^{rd} Tuesday in the month Reading Group Adults 14:00-15:00 1^{st} Wednesday in the month

Rhyme Time Under 5's 11:00 – 11:30 Every Friday

MESSY CHURCH in the Village Hall run by Pulborough Brooks Baptist Church

2nd Saturday of the month 15:00 & 17:00. All ages welcome. Craft, Activities, Games, Stories, Singing, Food & Fun https://pbbaptist.co.uk

Contact: Judith Ellis 07551 323583, minister@pbbaptist.co.uk; secretary@pbbaptist.co.uk

PULBOROUGH POP-IN in Pulborough Library from 09:00 - 11:00 in term time

A special time for parents/carers to have a coffee and chat about life! Anything and everything. Tea/Coffee, Biscuits. Pre-schoolers welcome. Suggested donation £1 Contact: Isla Moran 07522 689948, islasherwell@gmail.com

PULBOROUGH SHEDDERS 'The Room above the Garage' The Witterings RH20 1AT

Wednesdays 09:30 - 12:30

Meeting in a temporary base which is a room above a double garage, and not a shed. Affiliated to the Men's Sheds Association nut anyone is welcome to join: not only men.

The Pulborough Shed is a place to pursue practical interests at leisure, to practice skills and enjoy making and mending. But Sheds are mainly about making social connections, friendship building, sharing skills and knowledge, and of course a lot of laughter.

Across the country, activities in Sheds vary greatly, but you can usually find woodworking, metalworking, and maybe some repairing and model building. The only constraint is the imagination of the shedders. Contacts: Andy 01798 873795, Tim: 07881 993164, John: 07833 781412. Email: info@pulboroughshedders.org Website: Home | Pulborough Shedders

TAPESTRY DAY CLUB

A not-for-profit social enterprise offering high quality stimulating small group day support for older people the comfort and safe environment of a family home. Including transport from home to the host's home. A day of good food and friendship www.tapestrydayclub.co.uk Contact: 01403 791020, support@tapestrydayclub.co.uk

TEA SPOT CARING CAFÉ in Pulborough United Reformed Church, 80 Lower Street, RH20 2BW

Carers, those they care for and anyone needing company – dementia friendly First Thursday of month 10:00 – 12:00 – free of charge, but donations welcome Contact: 01798 873174, keithandrosemaryrussell@gmail.com

TEA SPOT CRAFT CAFÉ in Pulborough United Reformed Church, 80 Lower Street, RH20 2BW

Second & fourth Tuesdays of month 10:00 - 12:00. Enjoy a couple of hours doing 'your thing'. Crocheting, knitting, patchwork, making cards, jewellery, rag rugs and Hardanger + tea & cakes and lots of friendly chat. Crafting skills not essential.

Contact: Janet 01798 872388

THE HUB in Pulborough Library

Mondays 10:00 - 12:00. Tea, Coffee & Chat, meet new and interesting people – just "drop in" open to everybody. Try this weekly social event for £1

Contact: Rob Aylott 01798 872823

WEDNESDAY LUNCH CLUB in the Village Hall - 11:00 - 13:45

Meeting 11:00 - 13:45 weekly on Wednesdays throughout the year apart from 2 weeks over Christmas, another over Easter and a few weeks in August in the Village Hall. If you would enjoy a light lunch, seeing old friends or making new ones then please join. Before lunch a social time with activities ranging from board games to musical entertainment and seated exercise classes. Lunch is served at 12:30: Homemade soup, rolls, cheese, homemade desserts and tea/coffee for £5. Depending on your location the Community Minibus may collect you and take you to the Village Hall

Contact: Pippa on 07465 255541, pippa@pdcca.org.uk

WELLBEING CAFÉ in the Village Hall run by the Baptist Church

Thursdays 14:00 – 16:00. If you enjoy playing games and want a chat then this is for you. Come and join us. A relaxing afternoon, a variety of games on offer plus tea and biscuits.

Contact: Louise 07952 251910, altwilley@googlemail.com

Pulborough Brooks Baptist Church: 01798 813851

TIP

See RECYCLING and WASTE

TODDLERS (Nurseries)	FIRST STEPS at Brinsbury College Campus, North Heath, RH20 1DL Exciting play destination for the under 5's. Fantastic opportunities for children who not only have their own garden, but access to woodland, pasture, a stream, fully working farming. Dedicated spaces for children of different ages and development stages, Step1, 2 and 3. Contact: 01243 530427, firststepshub@chichester.ac.uk . Nursery Manager: Sarah Baker www.firststepschildcare.co.uk/nursery/brinsbury/
	LITTLE MONKEYS, PULBOROUGH TODDLER GROUP in the Village Hall Fridays, 10:00 – 11:30 weekly during term time Mother & Toddler group Age 0-4 yrs. Toys, tea/coffee and a chat. £3.00 donation per family per week Contact: Kirsty Borthwick 07738 637266, ksee999@aol.com or via their Facebook page 'Little Monkeys 0-4's Group'
	MESSY CHURCH run by Pulborough Baptist Church 15:00 – 17:00 All ages welcome – Craft – Activities – Games – Stories - Singing - Food & Fun. It is FREE, but donations are welcome Contact: Judith Ellis 07551 323584, minister@pbbaptist.co.uk
	MINI EXPLORERS in Pulborough Village Hall – Mon-Fri 08:00-18:00 – 50 wks per year For children from birth to 3 yrs offering a holistic curriculum combining both the Reggio Emilia and Montessori approaches to early years education. A sensory room for exploration and offer Forest School experiences. Free funded places available & accept 15 hrs free childcare
	Contact: 07445 185010 / 07828 233756, info@miniexplorerspulborugh.com WEST CHILTINGTON MONTESSORI NURSERY SCHOOL, East Street, West Chiltington, RH20 2JY Mon-Fri 08:45 – 14:45 Term Time only Nursery School for 0-5 year olds following the Early Years Foundation Stage. Boogie Beats Music Session, Forest School and Fun Phonics weekly. Contact: 01798 812443 / 07816 530135, wcmnursery@hotmail.com https://little-explorerswestsussex.com/
TODDLERS (Play)	SOFT PLAY at Pulborough Garden Centre, Stopham Road, RH20 1DS Contact: 01798 872981, pulborough@britishgardencentres.com To book a slot: 07521 805690
	MESSY PLAY in the Village Hall run by The Brooks Baptist Church 2 nd Sat All ages welcome – Contact: Andy Twilley 07552 751600, andytwilley@gmail.com https://pbbaptist.co.uk
TRANSPORT (RAIL)	TRAIN INFORMATION Ticket Office Open Mon-Fri 06:00 – 19:25, Sat 07:10 – 13:45, Sun 08:10 – 16:45 General Information: www.southernrailway.com National Rail Enquiries: www.nationalrail.co.uk Contact: National Rail Enquiries 03457 484950
TRANSPORT Buses through Pulborough	COMPASS BUS TRAVEL – No: 100 from Horsham via Pulborough to Burgess Hill and return Contact: 01903 690025, office@compas-travel.co.uk www.compass-travel.co.uk/compass-timetables/ STAGECOACH BUS COMPANY – No. 1 from Midhurst to Worthing and return Contact: 03451 210190 www.stagecoachbus.com
TRANSPORT (Local Minibus)	THE PULBOROUGH COMMUNITY MINIBUS The service enables residents to stay active and fosters a strong sense of belonging to prevent isolation and loneliness. Shopping trips are provided and outings throughout the year, giving a door- to-door service for those living in Pulborough and Bury. Regular trips now include weekly Tuesday shopping to local Pulborough supermarkets, transport to and from the Wednesday Lunch Club, as well as fortnightly trips on Fridays to Horsham or Chichester or to visit a local garden centre. Thursday weekly trips for Bury residents include outings to Rustington, Chichester and Storrington. One needs to be a member of the Community Minibus Association to board the bus. There is an annual membership fee of £10 plus a small fare for each trip taken. Membership is also available to Not for Profit and Community Groups who can utilise our minibus (as affiliate groups) to support their own organisation's activities. For more information and to become a member please contact: Pulborough Sue Macpherson 01798 815790 / 07962 962481, pulboroughminibus@gmail.com Bury services contact Janet Mattey 01798 839122 We welcome enquiries from potential new volunteer drivers or passenger escorts.
Local continued	

Volunteer drivers, using their own cars or a wheelchair accessible vehicle to assist some classifiers with a classifier of the country direct. A minimum of 48 hours notice (excluding weekends) is required for booking Contact. Christine Lindsoy 1978 128400 (900 - 17.00 hon-Fin), christine indexy 1978 128400 (900 - 17.00 hon-Fin), christine indexy 1978 128401 (1978).	(Local car drivers for	PULBOROUGH COMMUNITY TRANSPORT
The NEPTS provides transport for treatment for all patients registered with a GP in Sussex, who have a medical reason that means they are not able to travel by another method. It includes journeys: • to a planned outpetient appointment • to hospital for a planned admission • home from hospital for planned admission • home to Sussex from hospitals in other areas of the country. The NEPTS has eligibility criteria that must be met in order to access the service. Contact the NEPTS a 3000 1239841, Intro//www.scas.nhs.uk/our-services/non-emergency-patient-transport-service ST JOHNS AMBULANCE ST JOHNS AMBULANCE A patient transport service for those unable to use public or other transport due to bespoke medical conditions. Charges apply linked to mileage. Contact: 03030 030106 AGE UK Age UK WSBH - Take Home and Settle Service A free service which helps vulnerable people get home from hospital safely. Age UK currently run this service from Crawley Hospital. St Richards Hospital in Chichester. The Princess Royal Hospital Heywards Heath and East Surrey Hospital. For further information, visit the Age LIK website or call them on 1903 717130 VILLAGE HALL PULBOROUGH VILLAGE HALL, Swan View, off Lower Street, RH20 2BF Contact: 01798 874847, admin@pulbyh.org.uk Look at the website to see the activities held there and Regular Meetings & Activities VILLAGE MARKET VILLAGE MARKET in Pulborough Village Hall, Swan View, RH20 2BF Contact: 01798 874847, admin@pulbyh.org.uk Look at the website to see the activities held there and Regular Meetings & Activities VILLAGE MARKET VILLAGE MARKET in Pulborough Village Hall, Swan View, RH20 2BF Contact: 01798 874847, admin@pulbyh.org.uk Look at the website to see the activities held there and Regular Meetings & Activities VILLAGE MARKET in Pulborough Village Hall, Swan View, RH20 2BF Contact: 01798 874847, admin@pulbyh.org.uk Look at the website to see the activities held there and Regular Meetings & Activities VILLAGE MARKET in Pulborough Village Hall, Swan View, RH20 2BF Co		Volunteer drivers, using their own cars or a wheelchair accessible vehicle to assist some local residents who have difficulties. A charge is made to cover expenses - pay the driver direct. A minimum of 48 hours notice (excluding weekends) is required for booking Contact: Christine Lindsay 07591 258409 (09:00 - 17:00 Mon-Fri), christine.lindsay1@talktalk.net
Contact the NEPTS: 03001 239841, http://www.scasa.hs.uk/dur-serv/ces/non-emergency-patient-transport-serv/ce St John Ambulance - Non-Emergency Patient Transport Service A patient transport service for those unable to use public or other transport due to bespoke medical conditions. Charges apply linked to mileage. Contact: 03030 030106 Huss//www.sia.org.uk/mat-we-do/ambulance-operations/non-emergency-patient-transport-services/ Age UK WSBH - Take Home and Settle Service A fee service which helps vulnerable people get home from hospital safely, Age UK currently run this service from Crawley Hospital, St Richards Hospital in Chichester, The Princess Royal Hospital in Haywards Heath and East Surey Hospital. For further information, visit the Age UK website or call them on 01903 717130 VILLAGE HALL PULBOROUGH VILLAGE HALL. Swan View, off Lower Street, RH20 2BF Contact: 01798 874647, admin@pulbvh.org.uk Look at the website to see the activities held there and Regular Meetings & Activities VILLAGE MARKET VILLAGE MARKET in Pulborough Village Hall, Swan View, RH20 2BF 99:00 - 12:00 Usually 4th Saturday of month excluding August. Also Christmas market Fresh produce, crafts, homemade cakes and preserves, fresh bread, flowers, deli food, and much more. FREE ENTRY. Also the Market Cafe selling full English breakfasts for £6.00 Contact: Louise Kaiser, jouisemialise@hotmail.com VOLUNTEERING in the community WEDNESDAY LUNCH CLUB & WEDNESDAY CLUB VOUNTEERING VOUNTEE	NHS	The NEPTS provides transport for treatment for all patients registered with a GP in Sussex, who have a medical reason that means they are not able to travel by another method. It includes journeys: to a planned outpatient appointment to hospital for a planned admission home from hospital following discharge
AGEUK A		Contact the NEPTS: 03001 239841,
AGE UK Age UK WSBH - Take Home and Settle Service A free service which helps vulnerable people get home from hospital safely. Age UK currently run this service from Crawley Hospital, St Richards Hospital in Chichester, The Princess Royal Hospital in Haywards Heath and East Surrey Hospital. For further information, visit the Age UK website or call them on 01903 717130 VILLAGE HALL PULBOROUGH VILLAGE HALL, Swan View, off Lower Street, RH20 2BF Contact: 01798 874647, admin@pulbvh.org.uk Look at the website to see the activities held there and Regular Meetings & Activities VILLAGE MARKET VILLAGE MARKET in Pulborough Village Hall, Swan View, RH20 2BF 09:00 - 12:00 Usually 4th Saturday of month excluding August. Also Christmas market Fresh produce, crafts, homemade cakes and preserves, fresh bread, flowers, deli food, and much more. FREE ENTRY. Also the Market Cafe selling full English breakfasts for £6.00 Contact: Louise Kaiser, Jouisemkaiser@hotmail.com VOLUNTEERING in the community WEDNESDAY LUNCH CLUB & WEDNESDAY CLUB Volunteers needed. See SOCIAL. Contact: Pippa on 07465 255541, pippa@pdcca.org.uk PULBOROUGH COMMUNITY TRANSPORT Please join our band of dedicated people, many of whom have been serving the local community for many years. Meet others who value your help and know that you are making a very worthwhile contribution to village life. We always need volunteers who can help. Petrol expenses will be paid. Contact: Christine Lindasy 07591 258409 (09:00 - 17:00 Mon-Fri), christine lindasy1@talkdalk.net PULBOROUGH HARVEST FAIR - See LOCAL AFFAIRS VOLUNTEER VISITOR SCHEME CO-ORDINATOR(S) URGENTLY NEEDED Our Volunteer Visiting Scheme has been running for many years, recognising that there are a number of people living alone in the Pulborough and the surrounding lages who, for a variety of reasons, are unable to get out and about and would therefore enjoy a little friendly companionship from time to time. We have a small team of volunteers trained & CRB/DBS checked, to visit people who would welco		A patient transport service for those unable to use public or other transport due to bespoke medical conditions. Charges apply linked to mileage. Contact: 03030 030106
Contact: 01798 874647, admin@pulbvh.org.uk Look at the website to see the activities held there and Regular Meetings & Activities VILLAGE MARKET VILLAGE MARKET in Pulborough Village Hall, Swan View, RH20 2BF 09:00 - 12:00 Usually 4 th Saturday of month excluding August. Also Christmas market Fresh produce, crafts, homemade cakes and preserves, fresh bread, flowers, deli food, and much more. FREE ENTRY. Also the Market Cafe selling full English breakfasts for £6.00 Contact: Louise Kaiser, louisemkaiser@hotmail.com VOLUNTEERING in the community WEDNESDAY LUNCH CLUB & WEDNESDAY CLUB Volunteers needed. See SOCIAL. Contact: Pippa on 07465 255541, pippa@pdcca.org.uk PULBOROUGH COMMUNITY TRANSPORT Please join our band of dedicated people, many of whom have been serving the local community for many years. Meet others who value your help and know that you are making a very worthwhile contribution to village life. We always need volunteers who can help. Petrol expenses will be paid. Contact: Christine Lindsay 07591 258409 (09:00 - 17:00 Mon-Frl), christine.lindsay1@talktalk.net PULBOROUGH HARVEST FAIR — See LOCAL AFFAIRS VOLUNTEER VISITOR SCHEME CO-ORDINATOR(S) URGENTLY NEEDED Our Volunteer Visiting Scheme has been running for many years, recognising that there are a number of people living alone in the Pulborough and the surrounding villages who, for a variety of reasons, are unable to get out and about and would therefore enjoy a little friendly companionship from time to time. We have a small team of volunteers trained & CRB/DBS checked, to visit people who would welcome a friendly chat as well as to talk through worries and concerns in complete confidence. Volunteers spend an hour or so with one (or more) clients each week. Training and support will be provided. For the times of the various activities please follow the link www.pdcca.org.uk/volunteering/ Contact: Hannah-Louise O'Callaghan 01798 865189, pdccase@@mail.com CIVIC AMENITY SERVICE — WASTE & RECYCLING SITE (Tip) Newbridge Road. Billingshurst, RH14	AGE UK	Age UK WSBH - Take Home and Settle Service A free service which helps vulnerable people get home from hospital safely. Age UK currently run this service from Crawley Hospital, St Richard's Hospital in Chichester, The Princess Royal Hospital in Haywards Heath and East Surrey Hospital. For further information, visit the Age UK website or call
ULLAGE MARKET VILLAGE MARKET in Pulborough Village Hall, Swan View, RH20 2BF 09:00 - 12:00 Usually 4™ Saturday of month excluding August. Also Christmas market Fresh produce, crafts, homemade cakes and preserves, fresh bread, flowers, deli food, and much more. FREE ENTRY. Also the Market Cafe selling full English breakfasts for £6.00 Contact: Louise Kaiser, louisemkaiser@hotmail.com VOLUNTEERING in the community WEDNESDAY LUNCH CLUB & WEDNESDAY CLUB Volunteers needed. See SOCIAL. Contact: Pippa on 07465 255541, pippa@pdcca.org.uk PULBOROUGH COMMUNITY TRANSPORT Please join our band of dedicated people, many of whom have been serving the local community for many years. Meet others who value your help and know that you are making a very worthwhile contribution to village life. We always need volunteers who can help. Petrol expenses will be paid. Contact: Christine Lindsay 07591 258409 (99:00 - 17:00 Mon-Fri), christine.lindsay1@talktalk.net PULBOROUGH HARVEST FAIR − See LOCAL AFFAIRS VOLUNTEER VISITOR SCHEME CO-ORDINATOR(S) URGENTLY NEEDED Our Volunteer Visiting Scheme has been running for many years, recognising that there are a number of people living alone in the Pulborough and the surrounding villages who, for a variety of reasons, are unable to get out and about and would therefore enjoy a little friendly companionship from time to time. We have a small team of volunteers trained & CRB/DBS checked, to visit people who would welcome a friendly chat as well as to talk through worries and concerns in complete confidence. Volunteers spend an hour or so with one (or more) clients each week. Training and support will be provided. For the times of the various activities please follow the link www.pedcca.org.uk/volunteering/ Contact: Hannah-Louise O'Callaghan 01798 865189, pdccasec@amal.com WASTE See also RECYCLING CIVIC AMENITY SERVICE − WASTE & RECYCLING SITE (Tip) Newbridge Road, Billingshurst, RH14 9HZ Open: Mon, Tues, Wed, Sat & Sun. & on Bank Holidays if a normal opening day. Closed: Thursdays, Friday,	VILLAGE HALL	Contact: 01798 874647, admin@pulbvh.org.uk
09:00 - 12:00 Usually 4th Saturday of month excluding August. Also Christmas market Fresh produce, crafts, homemade cakes and preserves, fresh bread, flowers, dell food, and much more. FREE ENTRY. Also the Market Cafe selling full English breakfasts for £6.00 Contact: Louise Kaiser, louisemkaiser@hotmail.com VOLUNTEERING In the community WEDNESDAY LUNCH CLUB & WEDNESDAY CLUB Volunteers needed. See SOCIAL. Contact: Pippa on 07465 255541, pippa@pdcca.org.uk PULBOROUGH COMMUNITY TRANSPORT Please join our band of dedicated people, many of whom have been serving the local community for many years. Meet others who value your help and know that you are making a very worthwhile contribution to village life. We always need volunteers who can help. Petrol expenses will be paid. Contact: Christine Lindsay 07591 258409 (09:00 - 17:00 Mon-Fri), christine.lindsay1@talktalk.net PULBOROUGH HARVEST FAIR – See LOCAL AFFAIRS VOLUNTEER VISITOR SCHEME CO-ORDINATOR(S) URGENTLY NEEDED Our Volunteer Visiting Scheme has been running for many years, recognising that there are a number of people living alone in the Pulborough and the surrounding villages who, for a variety of reasons, are unable to get out and about and would therefore enjoy a little friendly companionship from time to time. We have a small team of volunteers trained & CRB/DBS checked, to visit people who would welcome a friendly chat as well as to talk through worries and concerns in complete confidence. Volunteers spend an hour or so with one (or more) clients each week. Training and support will be provided. For the times of the various activities please follow the link www.pdcca.org.uk/volunteering/ Contact: Hannah-Louise O'Callaghan 01798 865189, pdccasec@gmail.com CIVIC AMENITY SERVICE – WASTE & RECYCLING SITE (Tip) Newbridge Road. Billingshurst, RH14 9HZ Open: Mon, Tues, Wed, Sat & Sun. & on Bank Holidays if a normal opening day. Closed: Thursdays, Friday, Christmas Day & Boxing Day www.westsussex.gov.uk/land-waste-and-housing/waste-and-recycling/recycling- an		
Volunteers needed. See SOCIAL. Contact: Pippa on 07465 255541, pippa@pdcca.org.uk PULBOROUGH COMMUNITY TRANSPORT Please join our band of dedicated people, many of whom have been serving the local community for many years. Meet others who value your help and know that you are making a very worthwhile contribution to village life. We always need volunteers who can help. Petrol expenses will be paid. Contact: Christine Lindsay 07591 258409 (09:00 - 17:00 Mon-Fri), christine.lindsay1@talktalk.net PULBOROUGH HARVEST FAIR — See LOCAL AFFAIRS VOLUNTEER VISITOR SCHEME CO-ORDINATOR(S) URGENTLY NEEDED Our Volunteer Visiting Scheme has been running for many years, recognising that there are a number of people living alone in the Pulborough and the surrounding villages who, for a variety of reasons, are unable to get out and about and would therefore enjoy a little friendly companionship from time to time. We have a small team of volunteers trained & CRB/DBS checked, to visit people who would welcome a friendly chat as well as to talk through worries and concerns in complete confidence. Volunteers spend an hour or so with one (or more) clients each week. Training and support will be provided. For the times of the various activities please follow the link www.pdcca.org.uk/volunteering/Contact: Hannah-Louise O'Callaghan 01798 865189, pdccasec@gmail.com WASTE See also RECYCLING CIVIC AMENITY SERVICE – WASTE & RECYCLING SITE (Tip) Newbridge Road, Billingshurst, RH14 9HZ Open: Mon, Tues, Wed, Sat & Sun. & on Bank Holidays if a normal opening day. Closed: Thursdays, Friday, Christmas Day & Boxing Day www.westsussex.gov.uk/vland-waste-and-housing/waste-and-recycling/recycling-and-waste-prevention/household-waste-recycling-sites/billingshurst-hwrs/ Contact: 01403 785614	VILLAGE MARKET	09:00 - 12:00 Usually 4 th Saturday of month excluding August. Also Christmas market Fresh produce, crafts, homemade cakes and preserves, fresh bread, flowers, deli food, and much more. FREE ENTRY. Also the Market Cafe selling full English breakfasts for £6.00
will be paid. Contact: Christine Lindsay 07591 258409 (09:00 - 17:00 Mon-Fri), christine.lindsay1@talktalk.net PULBOROUGH HARVEST FAIR — See LOCAL AFFAIRS VOLUNTEER VISITOR SCHEME CO-ORDINATOR(S) URGENTLY NEEDED Our Volunteer Visiting Scheme has been running for many years, recognising that there are a number of people living alone in the Pulborough and the surrounding villages who, for a variety of reasons, are unable to get out and about and would therefore enjoy a little friendly companionship from time to time. We have a small team of volunteers trained & CRB/DBS checked, to visit people who would welcome a friendly chat as well as to talk through worries and concerns in complete confidence. Volunteers spend an hour or so with one (or more) clients each week. Training and support will be provided. For the times of the various activities please follow the link www.pdcca.org.uk/volunteering/Contact: Hannah-Louise O'Callaghan 01798 865189, pdccasec@gmail.com WASTE See also RECYCLING CIVIC AMENITY SERVICE – WASTE & RECYCLING SITE (Tip) Newbridge Road, Billingshurst, RH14 9HZ Open: Mon, Tues, Wed, Sat & Sun. & on Bank Holidays if a normal opening day. Closed: Thursdays, Friday, Christmas Day & Boxing Day www.westsussex.gov.uk/land-waste-and-housing/waste-and-recycling/recycling-and-waste-prevention/household-waste-recycling-sites/billingshurst-hwrs/ Contact: 01403 785614		Volunteers needed. See SOCIAL. Contact: Pippa on 07465 255541, pippa@pdcca.org.uk PULBOROUGH COMMUNITY TRANSPORT Please join our band of dedicated people, many of whom have been serving the local community for many years. Meet others who value your help and know that you are making a very
VOLUNTEER VISITOR SCHEME CO-ORDINATOR(S) URGENTLY NEEDED Our Volunteer Visiting Scheme has been running for many years, recognising that there are a number of people living alone in the Pulborough and the surrounding villages who, for a variety of reasons, are unable to get out and about and would therefore enjoy a little friendly companionship from time to time. We have a small team of volunteers trained & CRB/DBS checked, to visit people who would welcome a friendly chat as well as to talk through worries and concerns in complete confidence. Volunteers spend an hour or so with one (or more) clients each week. Training and support will be provided. For the times of the various activities please follow the link www.pdcca.org.uk/volunteering/Contact: Hannah-Louise O'Callaghan 01798 865189, pdccasec@qmail.com WASTE See also RECYCLING CIVIC AMENITY SERVICE − WASTE & RECYCLING SITE (Tip) Newbridge Road, Billingshurst, RH14 9HZ Open: Mon, Tues, Wed, Sat & Sun. & on Bank Holidays if a normal opening day. Closed: Thursdays, Friday, Christmas Day & Boxing Day www.westsussex.gov.uk/land-waste-and-housing/waste-and-recycling/recycling-and-waste-prevention/household-waste-recycling-sites/billingshurst-hwrs/ Contact: 01403 785614		· ·
We have a small team of volunteers trained & CRB/DBS checked, to visit people who would welcome a friendly chat as well as to talk through worries and concerns in complete confidence. Volunteers spend an hour or so with one (or more) clients each week. Training and support will be provided. For the times of the various activities please follow the link www.pdcca.org.uk/volunteering/ Contact: Hannah-Louise O'Callaghan 01798 865189, pdccasec@gmail.com CIVIC AMENITY SERVICE - WASTE & RECYCLING SITE (Tip) Newbridge Road, Billingshurst, RH14 9HZ Open: Mon, Tues, Wed, Sat & Sun. & on Bank Holidays if a normal opening day. Closed: Thursdays, Friday, Christmas Day & Boxing Day www.westsussex.gov.uk/land-waste-and-housing/waste-and-recycling/recycling-and-waste-prevention/household-waste-recycling-sites/billingshurst-hwrs/" Contact: 01403 785614		VOLUNTEER VISITOR SCHEME CO-ORDINATOR(S) URGENTLY NEEDED Our Volunteer Visiting Scheme has been running for many years, recognising that there are a number of people living alone in the Pulborough and the surrounding villages who, for a variety of reasons, are unable to get out and about and would therefore enjoy a little friendly
Newbridge Road, Billingshurst, RH14 9HZ Open: Mon, Tues, Wed, Sat & Sun. & on Bank Holidays if a normal opening day. Closed: Thursdays, Friday, Christmas Day & Boxing Day www.westsussex.gov.uk/land-waste-and-housing/waste-and-recycling-and-waste-prevention/household-waste-recycling-sites/billingshurst-hwrs/ Contact: 01403 785614		We have a small team of volunteers trained & CRB/DBS checked, to visit people who would welcome a friendly chat as well as to talk through worries and concerns in complete confidence. Volunteers spend an hour or so with one (or more) clients each week. Training and support will be provided. For the times of the various activities please follow the link www.pdcca.org.uk/volunteering/
		Newbridge Road, Billingshurst, RH14 9HZ Open: Mon, Tues, Wed, Sat & Sun. & on Bank Holidays if a normal opening day. Closed: Thursdays, Friday, Christmas Day & Boxing Day www.westsussex.gov.uk/land-waste-and-housing/waste-and-recycling-and-waste-prevention/household-waste-recycling-sites/billingshurst-hwrs/

WELLBEING	https://www.westsussexmind.org/
	MIND (Wellbeing) - West Sussex Mind in Pulborough Village Hall
	Every other Wednesday 10:45 - 12:15.
	Contact: Jude Bitten <u>jude.bitten@westsussexmind.org</u>
	MIND (Recovery) - West Sussex Mind in Pulborough Village Hall
	1st Wednesday of each month 12:30 - 14:30
	Contact: Sarah Hughes sarah.hughes@westsussexmind.org

THIS INFORMATION IS PROVIDED TO YOU BY FELICITY STROUD, Tel: 01798 873504 f.stroud@btinternet.com

With help with information and checking from Joyce Brett