

REGULAR CLUBS, SOCIETIES AND AMENITIES

Whilst every effort is made to make sure the information is correct, please let me know if there is anything that needs to be added or changed especially since Covid f.stroud@btinternet.com

<p>TRANSPORT</p>		<p>THE PULBOROUGH COMMUNITY MINIBUS The Pulborough Division is proud to be the original centre for the charity, for its initial service in 1976. Regular trips now include shopping at local Tesco supermarket, Village Hall Wednesday Lunch club as well as town centre trips to Horsham and Chichester. One needs to be a member of the Community Minibus Association to board the bus and there is an annual membership fee of £10 www.westsussexminibus.org.uk Latest trip schedules please contact: Gerald Batt on 01798 872388 for Monday to Wednesday and Friday trips Janet Matthey on 01798 839122 for Thursday service from Bury Tuesdays: Pulborough Tesco/Sainsbury - £3 Pick up starts at 09:20 – ample shopping time before return Wednesdays: Wednesday Lunch Club - £3 Pick up starts at 10.30 – return 14:00 Contact: Sue MacPherson on 01798 815790 for more information. Drivers also needed</p>
<p>TRANSPORT</p>		<p>PULBOROUGH COMMUNITY TRANSPORT Volunteer drivers, using their own cars or a wheelchair accessible vehicle to assist some local residents who have difficulties. A charge is made to cover expenses. Passengers are asked to pay the driver direct. A minimum of 48 hours notice (excluding weekends) is required for booking Contact: Christine Lindsay on 07591 258409 from 09:00 to 17:00 Mon-Fri, christine.lindsay1@talktalk.net</p> <p>NHS Non-Emergency Patient Transport Service (NEPTS) The NEPTS provides transport for treatment for all patients registered with a GP in Sussex, who have a medical reason that means they are not able to travel by another method. It includes journeys:</p> <ul style="list-style-type: none"> • to a planned outpatient appointment • to hospital for a planned admission • home from hospital following discharge • home to Sussex from hospitals in other areas of the country <p>The NEPTS has eligibility criteria that must be met in order to access the service. Contact the NEPTS: 03001 239841 http://www.scas.nhs.uk/our-services/non-emergency-patient-transport-service</p> <p>St John Ambulance - Non-Emergency Patient Transport Service A patient transport service for those unable to use public or other transport due to bespoke medical conditions. Charges apply linked to mileage. Contact St John Ambulance: 03030 030106, https://www.sja.org.uk/what-we-do/ambulance-operations/non-emergency-patient-transport-services/</p> <p>Age UK - Take Home and Settle Service A free service which helps vulnerable people get home from hospital safely. Age UK currently run this service from Crawley Hospital, St Richard's Hospital in Chichester, The Princess Royal Hospital in Haywards Heath and East Surrey Hospital. Contact: Age UK website or 01903 717130</p>
<p>PUBLIC LIBRARY</p>	<p>13:00 – 17:00 09:00 – 13:00</p>	<p>Brooks Way, RH20 2BP 01798 872891 Mondays, Tuesdays & Wednesdays Thursdays, Fridays & Saturdays</p>
<p>VILLAGE HALL</p>		<p>Swan View, RH20 2BF http://www.pulbvh.org.uk/index.htm Contact: 01798 874697, admin@pulbvh.org.uk</p>
<p>PARISH COUNCIL</p>	<p>Mons - Thurs 09:00 – 12:30 Fris 09:00 - 15:00</p>	<p>Pulborough Social Centre, Swan View, Pulborough, RH20 2BF (Village Hall) Contact: Heather Knight 01798 873532, clerk@pulboroughparishcouncil.gov.uk All Council Meetings in the Village Hall https://pulboroughparishcouncil.gov.uk/parish-council/agendas-and-minutes/ Website - www.pulboroughparishcouncil.gov.uk Facebook - https://www.facebook.com/PulboroughParishCouncil/ Twitter - https://twitter.com/PulboroughPC</p>

MONDAYS		
Weekly & see Thursdays	09:15 – 10:45	YOGA in the Village Hall Mixed ability classes Contact: Gail Chandler 01903 746450, chandleryoga@hotmail.co.uk
Weekly Mon & Thurs	09:30 – 10:30	HIIT WORKOUT in the Village Hall Train for a short period of time, rest and repeat Contact: Lisa 07872 968708, lisadirencay@hotmail.com
Weekly	10:00 – 12:00	THE HUB in Pulborough Library Drop into the Village Hall for a Coffee & Chat – Tea, coffee & biscuits for £1 Meet new and interesting people, open to everybody
Weekly	14:00 – 16:00	KNIT & NATTER in Pulborough Library A great way to meet new people, swap patterns and have a chat whilst working on your projects. Our knitting, sewing, crochet and craft groups are open to anyone who would like to come along with whatever they are working on and share hints and tips over a cup of tea. Knit and Natter (westsussex.gov.uk) Contact: 01798 872891, pulborough.library@westsussex.gov.uk
Weekly	17:45 – 19:15	1st PULBOROUGH BROWNIES in the Village Hall Brownies for girls aged 7-10 years old www.girlguiding.org.uk/what-we-do/brownies-7-10/ Contact: Sue Batchelor 01798 873679, susan@thecorm.co.uk
Monthly 2 nd Monday	19:30	PULBOROUGH MEADOWS WI in the Village Hall New members most welcome Contact: Mary Walker 01798 873199 or 07920 326000, mary.walker50@gmail.com
Monthly Usually 3 rd Mon	19:30	FILM NIGHT (Macmillan Support Group) in the Village Hall Up to date films on large screen. Refreshments & raffle. www.ticketsource.co.uk/cinemobile Contact: Terri Ashpool, 01798 848039, terriashpool@uwclub.net

TUES – FRIS		
		DFF DANCE in David Morris Studio in the Village Hall Various dance & stretch class for all ages: Children: Ballet Acro, Tap & Modern. Adults: Ballet, Tap, Stretch & Tone & Dance Fitness https://www.dffdance.co.uk/ Contact: dffdance@hotmail.co.uk

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TUESDAYS		
Weekly	09:30 – 10:30	WEIGHTWATCHERS UK in the Village Hall Friendly, weekly meetings. Contact: Connie Gregory 07500 018325, cgregory@ww.com
Monthly 2 nd & 4 th Tues	10:00 – 12:00	TEA SPOT CRAFT CAFÉ in The United Reformed Church Enjoy a couple of hours doing 'your thing'. Crocheting, knitting, patchwork, making cards, jewellery, rag rugs and Hardanger + tea & cakes and lots of friendly chat. Crafting skills not essential. Contact: Janet 01798 872388
Fortnightly Dates on the website – alternate weeks	10:00 – 14:00	CITIZEN ADVICE HORSHAM OUTREACH at Pulborough Medical Centre, Offering advice on a range of areas including welfare benefits, employment and housing issues. Also focusing on cost-of-living advice which includes emergency support for those in need. Includes support for those who are not up to date with computers or unable to travel into town centres. For more information on dates & times, visit: https://www.advicewestsussex.org.uk/horsham-outreach-drop-ins/
Weekly	11:45 – 12:45	NATWEST MOBILE BANK in Lower Street (Brooks Way) Car Park
Weekly	13:00 – 17:00	PULBOROUGH BRIDGE CLUB in the Village Hall Duplicate Bridge is played, averaging 7 tables per session. Contact: Tom Garside (Chairman) 01403 782814
Monthly 1 st Tues	Doors open 13:40	THE ARTS SOCIETY WEST SUSSEX – Fittleworth Village Hall, RH20 1JB Coffee and tea served afterwards. Non-members are welcome for £5 www.theartssocietysouthdowns.org.uk Contact: Jackie Buckler 01903 411086, westsussex@theartsociety.org
Monthly 1 st Tues (except Aug)	14:00 - 15:45 Nov - Mar 19:30 – 21:30 Apr - Oct	PULBOROUGH COMPUTER CLUB in the Village Hall This friendly club meets on the 1 st Tuesday every month. Members £2, Guests £3 including refreshments. No booking required. https://www.pcclub.org.uk/ Contact: chrissie@wisborough.com
Monthly usually 4 th Tues	14:00 – 16:00	SINGING FOR PLEASURE with Michael Pioli at St Mary's Church Sing a variety of songs from Sea Shanties to The Springfields and more £3.00 pp towards church funds. Contact: michael@pioli.co.uk
Weekly	16:30 - 17:15 & 17:15 - 18:00	U DANCE UK in the Village Hall High energy dance class for fun, coordination, fitness and confidence. Ages 3 - 7 years at 16:30 and 8 years & over at 17:15 Contact: 07391 851826, katedeacon7@gmail.com
Weekly Term Time	17:15 – 20:00	SUSSEX YOUTH THEATRE in the Village Hall Love to act, sing or dance. Age 6-18. Make new friends, gain confidence, develop your talent. Contact: Mitch Jenkins 01903 602815, 07788 497779, mitch@sussexyouththeatre.co.uk
Weekly	19:00 – 20:00	CORE CHALLENGE PILATES A Pilates based workout for the whole body Contact: Lynn Hampshire, 01798 812860, lynnhampshire18@gmail.com
Monthly Last Tues	19:30	PULBOROUGH GARDEN SOCIETY in the Village Hall Spring/Summer Shows & garden visits Contact: Sue Bulloch 01798 872038, susan.bulloch@hotmail.com
Monthly 1 st Tues (except Aug)	19:30 – 21:30 Apr - Oct 14:00 - 15:45 Nov - Mar	PULBOROUGH COMPUTER CLUB in the Village Hall This friendly club meets on the 1 st Tuesday every month. Members £2, Guests £3 including refreshments. No booking required. https://www.pcclub.org.uk/ Contact: chrissie@wisborough.com

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WEDNESDAYS		
Weekly	09:15 – 10:15 & 10:30 - 11:30	FIT FOR GOOD – SENIOR FITNESS in the Village Hall Senior Fitness at 09:15, Senior Strength & Flexibility at 10:30. All sessions must be booked in advance £8 per session, packages available Contact: 0800 009 6578, hello@fitforgood.com <u>BOOK NOW</u>
Weekly & see Fridays	09:30 – 10:30	PILATES in the Pulborough Village Hall with Julie Regan The classes are multi-level in terms of difficulty and for anyone who has some experience of Pilates. Please get in touch as each class must be pre-booked and paid for in advance Contact: 07973 293585, julieregan1@btinternet.com
Weekly	10:30 – 11:30	FIT FOR GOOD – SENIOR STRENGTH & FLEXIBILITY in the Village Hall All sessions must be booked in advance £8 per session, packages available Contact: 0800 009 6578, hello@fitforgood.com <u>BOOK NOW</u>
Monthly 1 st Weds	10:45	THE ARTS SOCIETY SOUTH DOWNS in Fittleworth Village Hall, RH20 1JB Visitors welcome-cost £6 www.theartssocietysouthdowns.org.uk Contact: 01798 813314, jane@theallisonfamily.co.uk
Alternate Wednesdays	10:45 – 12:15	MIND (Wellbeing) – West Sussex Mind in the Village Hall Contact: Jude Bitten jude.bitten@westsussexmind.org https://www.westsussexmind.org/
Weekly Except August & Christmas	11:30 – 13:45 Community Minibus may collect Members	WEDNESDAY LUNCH CLUB in the Village Hall – 11:30 – 13:45 This club provides a pleasant social and recreational time from 11.30-12.15 for everyone aged 55 plus. Lunch is then served at 12.30. Homemade soup, rolls, cheese, homemade desserts and tea/coffee. £5 per week. Contact: Louise Kaiser 01798 831829, louisemkaiser@hotmail.com
Weekly	12:30 – 14:30	MIND (Recovery) – West Sussex Mind in the Village Hall Contact: Sarah Hughes: sarah.hughes@westsussexmind.org https://www.westsussexmind.org/
Monthly	14:00 – 15:00	BOOKENDERS READERS GROUP in Pulborough Library Adults who get together monthly to discuss, debate and exchange views about books, from the best sellers and contemporary fiction to classic titles. We organise structured groups. Check with us before joining Bookenders Readers Group (westsussex.gov.uk) Contact: 01798 872891, pulborough.library@westsussex.gov.uk
Alternate months Monthly 1 st Weds	14:30 Feb&Dec 19:30 Apr-Oct	THE PULBOROUGH SOCIETY in the Village Hall 6 meetings a year to discuss local issues with guest speakers. Visitors £2.00. https://www.pulboroughsociety.org/index.html Contact: Ian Ellis 01798 874686, chair@pulboroughsociety.org
Weekly	15:30 – 16:30	BOARD GAMES FOR FAMILIES in Pulborough Library Drop in and play board games with other families Contact: 01798 872891, pulborough.library@westsussex.gov.uk Board Games for Families (westsussex.gov.uk)
Weekly	15:30 – 17:30	PULBOROUGH YOUTH CLUB in Pulborough Village Hall The Purple Bus - Sussex Clubs for Young People https://sussexcyp.org.uk/ Contact: 01273 443563
Weekly	17:30 – 18:30	YOUTH BOXING PROGRAMME at St Mary's C of E Primary School FREE FOR 11-17 YEAR OLDS. Run by Brighton & Hove Boxing Team. Book with your Pulborough Neighbourhood Wardens, Ross on 07584 337476 or Louisa on 07584 337475, pulborough.wardens@horsham.gov.uk
Weekly	18:00 & 19:15	PILATES CLASSES in Pulborough Village Hall www.lunamindfulmovement.co.uk Contact: Luci 07970 833354

Weekly	19:00 – 20:30	PULBOROUGH & WEST CHILTINGTON SCOUTS in the Village Hall 1 st Pulborough & West Chiltington. Scouts is the third section of the Scout group and is for young people 10.5 - 14 years www.pandpscouts.org.uk/OurSections/Scouts/ Contact: Martin Taylor 07786 744324, gsl@1stPulborough.org.uk
Weekly	19:00 – 20:30	SOUTHDOWN VEGAN SOCIETY in the Village Hall Contact: Rosalind 07798 761461, Rosalind.karunaunity@gmail.com
Weekly	19:30	PULBOROUGH CROCHET & KNITTING CLUB in the Oddfellows Arms On Wednesdays from 19:30. All abilities welcome. Yarn, hooks and needles available – check as there may be a new publican
Alternate months Monthly 1 st Weds	19:30 Apr-Oct 14:30 Feb&Dec	THE PULBOROUGH SOCIETY in the Village Hall 6 meetings a year to discuss local issues with guest speakers. Visitors £2.00. https://www.pulboroughsociety.org/index.html Contact: Ian Ellis 01798 874686, chair@pulboroughsociety.org

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THURSDAYS		
Weekly Thurs & Mon	09:30 – 10:30	HIIT WORKOUT in the Village Hall Train for a short period of time, rest and repeat Contact: Lisa 07872 968708, lisadirencay@hotmail.com
Weekly	10:00 – 11:00	HORSHAM MATTERS HUB ON THE MOVE MOBILE FOOD BANK at The Sports & Social Club Car Park To access help from the hub call 0300 124 0204..Also appealing for financial support with ongoing running cost https://www.horsham-matters.org.uk/horsham-matters-hub-on-the-move
Monthly 1 st Thurs	10:00 – 12:00	TEA SPOT CARING CAFÉ in The United Reformed Church Carers, those they care for and anyone needing company – dementia friendly Contact: 01798 873174 keithandrosemaryrussell@gmail.com
Weekly During term time	10:30 – 11:30	LADYBIRDS at St Mary's Church For families with their babies and toddlers. Join the group for fellowship, songs and stories in a relaxed and welcoming atmosphere. Contact: Vicky Smith stmaryschildreuschurch@gmail.com It would be helpful if families registered for Kingfishers (see below at 15:30)
Weekly	11:00	AHS FALLS PREVENTION COURSE in the Village Hall Known as Wellbalanced www.ahswellbeing.co.uk YOU MUST HAVE AN ASSESSMENT BEFORE STARTING – CALL OR EMAIL – A community-based falls prevention programme for the over 65's for those who are unsteady on their feet at a cost of 50p per session. To arrange an assessment Contact: 01444 657099, info@wellbalancedprogramme.co.uk
Weekly	14:00 – 16:00	GAMES CAFÉ in the Village Hall run by the Baptist Church, If you enjoy playing games and want a chat then this is for you. Come and join us. A relaxing afternoon, a variety of games on offer plus tea and biscuits. Contact: Louise 07952 251910, altwilley@googlemail.com Pulborough Brooks Baptist Church: 01798 813851
Weekly	15:00 – 17:00	PULBOROUGH YOUTH CLUB (Purple Bus) in the Committee Room at The Sports & Social Club Clubs for Young People: Arts & Crafts, Challenges, Games, Drawing, Football, Music and Chats Contact: Sheri Birch, Western Team Manager 01273 443563 / 0745 830 7922, sheri.birch@sussexcp.org.uk
Monthly 1 st & 3 rd Thurs During Term time	15:30 – 16:45	KINGFISHERS at St Mary's Church St Mary's Church would love to invite you and your families to Children's Church, on the 1st and 3rd Thursday of the month during term time, from 3.30 - 4.45pm. Join us for songs, crafts, Bible stories, games and snacks, in a fun and relaxed atmosphere. Please register for your place. Contact: Vicky Smith stmaryschildreuschurch@gmail.com
Weekly	16:00 - 17:30	RAINBOWS in the Village Hall Rainbows for girls aged 4-7 years www.girlguiding.org.uk/what-we-do/brownies-7-10/ Contact: Sue Batchelor 01798 873679, susan@thecorm.co.uk
Weekly & see Mondays	18:00 – 19:30	YOGA in the Village Hall Mixed ability classes. Contact: Gail Chandler 01903 746450 chandleryoga@hotmail.co.uk
Weekly	18:30 – 20:00	ENCORE VOCAL CHOIR in the Village Hall https://www.encorevocalchoir.co.uk/90/Pulborough-Choir Contact: kerrichipper@yahoo.co.uk
Weekly	19:30 – 20:30	NETBALL TRAINING on the Recreation Ground Sports Court This club is open to all ladies aged 14 and above of all abilities. Practice every Thursday 19:30 - 20.30 at the recreation ground sports courts with the option to play some league games. New Members welcome https://pulboroughnetball.weebly.com/ Contact: Suzanne Dudman 07896 606774

FRIDAYS		
Weekly & see Weds	09:00 – 10:00	YOGA in the Village Hall Mixed ability classes Contact: Linda Tombs 07564 287383, lindatombs@hotmail.co.uk
Weekly & see Weds	09:30 – 10:30	PILATES in the Village Hall The classes are multi-level in terms of difficulty and for anyone who has some experience of Pilates. To find out if there is any space in the class please get in touch as each class must be pre-booked and paid for in advance Contact: Julie Regan 07973 293585, julieregan1@btinternet.com
Weekly	09:30 – 10:00	RHYME TIME in Pulborough Library No need to book. Every Friday for the Under 5's. Here you can watch our online Rhyme Times, Storytimes or Story Magic sessions. Also, see our Children's Activities page for many more suggestions of stories Contact: 01798 872891, pulborough.library@westsussex.gov.uk Rhyme Time (westsussex.gov.uk)
Weekly	10:00 – 11:30	LITTLE MONKEYS, PULBOROUGH TODDLER GROUP in the Village Hall Mother & Toddler group Age 0-4 yrs. Toys, tea/coffee and a chat. £3.00 donation per family per week www.netmums.com/local/little-monkeys-16 Contact: Kirsty 07738 637266, ksee999@aol.com or via their Facebook page
Weekly	17:15 – 18:15	PULBOROUGH & WEST CHILTINGTON BEAVERS in the Village Hall 1 st Pulborough & West Chiltington Beavers is the first & youngest section of the Scout Group for young people aged 6 - 8 years old www.pandpscouts.org.uk/OurSections/Beavers/ Contact: Martin Botting, gsl@1stPulborough.org.uk
Weekly	18:30 – 20:00	PULBOROUGH & WEST CHILTINGTON CUBS in the Village Hall Cubs is the second section of the Scouting family for young people 8 - 10.5 years old www.pandpscouts.org.uk/OurSections/Cubs/ Contact: gsl@1stPulborough.org.uk
Weekly	19:30 - 20:30	SAMA KARATE – KICKBOXING in the Village Hall For Youths & Adults Contact: Tristan Woolven: 07983 532167, tjwoolven@hotmail.com

SATURDAYS		
Monthly except August Usually 4 th Sat	09:00 – 12:00	VILLAGE MARKET in the Village Hall Stalls include: Sussex Roses, Kaiser Quiches, Sage Ceramics, Bags of Choice, Handmade Candles/Jewellery, Homemade cakes/preserves, Jubilee Bakes, Jengers Bakery Fresh Bread/Cakes, Homemade cards/paintings, Culberry Nursery Produce, Pulborough Parish Council, Snape Cottage Crafts, Pippa's Soaps, Andy's Wood Turnings, Second Hand books, Dandelion Farewells, Community Connections, Community Table, Pulborough & District Community Care Also the Market Cafe selling full English breakfasts for £5.00 Contact: Terri Ashpool 01798 848039, terriashpool@uwclub.net
Monthly 1 st & 3 rd Sats	09:30 – 11:30	DOWNLAND ENSEMBLE in the Village Hall A community orchestra for string, woodwind, brass & percussion players of all ages. Musical Director Peter Allwood Contact: Ros 01798 875804, downlandensemble@gmail.com
Weekly	10:30 - 11:30 & 11:30 - 12:30	SAMA KARATE in the Village Hall For adults & children Contact: Tristan Woolven 07983 532167, tjwoolven@hotmail.com
Monthly 2 nd Sat	15:00 – 17:00	MESSY PLAY in the Village Hall run by Pulborough Brooks Baptist Church All ages welcome – Contact: Andy Twilley 07552 751600 Craft, Activities, Games, Stories, Singing, Food & Fun https://pbbaptist.co.uk Email: minister@pbbaptist.co.uk ; secretary@pbbaptist.co.uk

SUNDAYS		
Monthly 1 st Suns	10:00 – 12:00	LITTER PICKING Please help our litter pickers. Contact: 01798 873252
Weekly	10:00 – 11:30	ARUN TAE KWON DO CLASSES in the Village Hall A not for profit club teaching orthodox Tae Kwon-Do, a Korean Self-defence art under the instruction of a local 6 th Dan black belt with over 20 years teaching experience. Train hard, have fun. Always keen to see new members. Children from aged 8+, women and men with no upper age limit Contact: James Home 07802 834567, arunkdclub@gmail.com
Weekly	10:30	PULBOROUGH COMMUNITY GARDENERS Everyone welcome at the Memorial Garden by the Library
Weekly	08:00 10:30	THE PARISH CHURCH OF ST MARY Church Place, Pulborough RH20 1AF www.stmaryspulborough.org.uk Eucharist Parish Eucharist See Website for other services Contact: Rev Canon Paul Seaman, 01798 875773 pulbpcrector@btinternet.com Churchwardens: Mrs Ann Kaiser & Mrs Alyson Heath (see website for contact details) https://www.facebook.com/stmaryschurchpulborough
Weekly	10:30	PULBOROUGH BROOKS BAPTIST CHURCH in the Village Hall Open from 10:00 for refreshments www.pbbaptist.co.uk Contact: Judith Ellis 07551 323583, minister@pbbaptist.co.uk Church Secretary: Karen Banner secretary@pbbaptist.co.uk
Weekly	10:30	PULBOROUGH UNITED REFORMED CHURCH 80 Lower Street, Pulborough RH20 2DW. www.pulboroughhurc.co.uk Contact: Rev Anne Lewitt, 01798 872535, minister@pulboroughhurc.co.uk Church Secretary: Gerald Batt, 01798 872388, secretary@pulborough.co.uk Everyone Welcome Also Monthly Service at 18:00 on Zoom.. Contact Minister for Zoom invitation link
Weekly	09:00	ST GABRIEL'S CATHOLIC CHURCH 18 East Street, Billingshurst, RH14 9QH www.stgabrielbillingshurst.org.uk/ Sundays 09:00 Mass Parish Priest: Canon Tim Madeley KCHS Contact: 01403 782128, billingshurst@abdiocese.org.uk OUR LADY OF ENGLAND CATHOLIC CHURCH 1 Fern Road, Storrington, RH20 4LW https://ourladyofengland.parishportal.net/ Contact: Fr Charles Howell 01903 740338, storrington@abdiocese.org.uk
Weekly	10:30	TRINITY METHODIST CHURCH Thakeham Road, Storrington, RH20 3NG www.trinitymethodiststorrington.uk Contact: Rev Dr Frank Okai-Sam, 01903 746390 trinityoffice08@gmail.com

THIS INFORMATION IS PROVIDED TO YOU BY FELICITY STROUD WITH HELP WITH INFORMATION & CHECKING FROM JOYCE BRETT

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